



# The Shield

ST. GEORGE'S EPISCOPAL CHURCH • SPRING-SUMMER 2022

Receiving • Living • Sharing  
THE ABUNDANT LIFE OF JESUS CHRIST

## EMBRACING PASTORAL CARE

THE CALL TO SHEPHERD ONE ANOTHER

2022 SGEM PARTNERS

A CONVERSATION WITH BRIAN & LINDA MOORE



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## A MESSAGE FROM THE REV. COLIN AMBROSE

*“By this everyone will know that you are my disciples, if you have love for one another.”*

John 13:35



## A Special Kind of Belonging

I recently came upon a book called *The Christian Community: A Special Kind of Belonging* written by a psychiatrist named Herbert Wagemaker. The book is about Wagemaker's yearning to be part of a church community willing to move beyond superficiality. He yearns to be part of a church in which he can share his hurts as well as his hopes, his struggles as well as his joys. He desires to be part of a church community in which he can receive support, encouragement, and challenge as he journeys in the faith.

For Wagemaker, this type of church is hard to find. Why? Because this type of community involves risk for everyone involved. It demands that we seek not just to know about Jesus, but to embrace the way of Jesus: the grace, the joy, the welcoming embrace, the desire for peace and justice, and the compassion of Jesus. Wagemaker argues that one of the greatest risks of belonging to such a church is that we must be vulnerable with one another. We must allow others to care for us, as we seek to care for them.

It certainly can be scary to expose your needs to your fellow Christian. It can be scary to expose your loneliness, your grief, or your anxiety about the future. But I believe it is even scarier to care for another—to truly enter into the pain and struggles of your brother or sister in Christ. As Henri Nouwen writes, “Who can save a child from a burning house without taking the risk of being hurt by the flames? Who can listen to a story of loneliness and despair without taking the risk of experiencing similar pains in his own heart and even losing his precious peace of mind? In short, who can take away suffering without entering it?” And yet as Christians, we are called to take this risk. As Jesus said, we are to love one another as he loves us (John 15:12).

In this issue of *The Shield*, you will read about the many ways we are seeking to love one another as Christ loves us. From prayer to cooking meals for one another, from our grief support ministries to the ways we care for our young parents, from providing rides to the doctor to taking the sacrament

to the homebound, you will learn how we are coming alongside each other during hard times so that no one walks alone. And more than just learning about these ministries, you will be invited to participate in all the ways we are caring for one another—because the work of caring for one another is the work of the entire community, not just the work of a selected few. All of us have a role to play in the care of our church family.

I truly believe that there is no greater achievement in life than being part of community—the type of loving community that Wagemaker describes. The God who is love created us for relationships. And in Christ, God has drawn us together, removing the obstacles to meaningful relationship with him and with others. At St. George's, I pray that we may have the courage to continue loving one another as Christ loves us. I pray that we will have the courage to continue building a church community that frees love in us and frees love in others.

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# The Call to Shepherd One Another

By the Rev. Dr. David Barr

Hebrews 13:20 describes how Jesus Christ is “the great shepherd of the sheep,” the one who gathers all of the lost, wandering souls of his flock to himself. The image here is widely used in Scripture in famous passages like Psalm 23 (“The Lord is my shepherd”), Isaiah 40:11 (“He will feed his flock like a shepherd, he will gather the lambs in his arms”), and Revelation 7:17 (“The Lamb at the centre of the throne will be their shepherd, and he will guide them to springs of the water of life, and God will wipe away every tear from their eyes”).

God is the shepherd; he is intentional in his purposes, and he is also tender in directing his wayward people to himself. He is the one who has plans for us, yet he is also the one who executes those plans according to our human frame—prone to wandering, fragility, and vulnerability. In other words, he *knows* us, recognizes our need, and yet still *wants* us. It is this image, God as shepherd, that

provides the root for what we call “pastoral” care. “Pastoral” comes from the old French word *pastur*, meaning herdsman or shepherd. In this way, a pastor, or, one who engages in pastoral work, is one who participates in the work of God, gently coming alongside the needy, vulnerable, and lost. The word evokes a unique combination of direction *and* tenderness.

The pastoral role is easy enough to recognize as part of the Church’s calling, but it is also something the Church needs. Who hasn’t experienced struggles or wandered from the ways of God? We all need a great shepherd! Pastoral ministry often takes place privately—when people are hurt, grieving, or struggling in any number of ways. But the truth is that this work is happening all the time and everywhere. And it is just this reason that we at St. George’s are turning our focus to the pastoral role this season. Because we all want it, we all need it, and we all have

the great privilege of being pastors to one another in various times and occasions—all because God has pastored us.

At St. George’s we consider this pastoral calling to be a great honor. When we call on people in hospitals or get the chance to sit with those who are grieving, we don’t think of it merely as a way of lending a helping hand or an obligatory gesture of kindness in God’s name. It is a gracious invitation to walk alongside others because he has graciously done the same for us. And thus, when we engage in pastoral work together, we all get to see what God is up to. We all get to share in his mercies and his active beckoning. This season, let us join together and answer the call Jesus gives us to take his yoke upon our shoulders, to learn from, and to walk with him under his gentle guidance. We are, indeed, pastors to one another and are also pastored by the great shepherd who has shed his blood for our souls. ✝



# Pastoral Care Ministries:

## SHOWING LOVE IN BIG AND SMALL WAYS

The ministry of caring and fellowship is at the heart of St. George's Church. This includes the ministry of shared presence in worship, formation, fellowship, daily prayers, listening and support. The ministry team often provides counseling and frequent check-in calls to our parishioners and their families. In caring for each other, we also promote fellowship to include and connect with others in our midst. We invite you to be a part of one of our many pastoral care ministries below as we serve our brothers and sisters in the name of Christ. Here at St. George's, we strive to provide our parishioners comfort, peace, and fellowship as they grow in a new awareness of Christ and his love for them.

An important part of the church's role in the community is to provide care in times of need. Our clergy visit local hospitals and make calls to church members in need of prayer, anointing, or a visit.

**If you are in need of special care, please do not hesitate to contact:**

**Robin Puryear, Director of Pastoral Care**  
615-385-2150 x 247  
or [robin.puryear@stgeorgesnashville.org](mailto:robin.puryear@stgeorgesnashville.org)

Dedicated volunteers from St. George's church are doing the work of caring for this church community in these robust ministries. If you feel called to join them in this holy work, please contact the leaders for more information.

### **Community-Building** **CARING CONNECTIONS**

We care for and connect with those in our parish family who are unable to be with us for worship and other weekly activities. Connecting could be as simple as a visit, a phone call, or a card each month.

**Contact: Karen Lackey**  
615-352-6263  
[lackeyjk@comcast.net](mailto:lackeyjk@comcast.net)

### **FLOWER MINISTRY**

Volunteers deliver special flowers to stay-at-home parishioners during the Christmas and Easter seasons. The gift is always the visit they share when they arrive with flowers.

**Contact: Robin Puryear**  
615-385-2150 x 247  
[robin.puryear@stgeorgesnashville.org](mailto:robin.puryear@stgeorgesnashville.org)



## Meals

### CHEFS ON CALL

This group prepares a choice of casseroles that are frozen for the urgent or chronic needs of our church family and friends. A casserole may be picked up at any time in the church kitchen.

Contact: Sally Miller  
615-497-3975  
sallycmiller1@gmail.com

### LITTLEST ANGELS

Volunteers deliver a meal for church members with new babies soon after the birth of a child.

Contacts: Amy Greathouse  
615-504-0431  
amywgreathouse@gmail.com  
Stephanie Gillmor  
615-477-8773  
Sgillmor@me.com

### PHOEBE'S MEALS

Based on Romans 16:1-2, this ministry arranges up to 6 meals for parishioners who, for whatever reason, would be blessed by a hot meal delivered to their home.

Contact: Kate Meriwether  
615-414-7136  
katetarleton@gmail.com

## Prayer

### HEALING PRAYER MINISTERS

Those who attend services at 8:45am, The Table, and 11:00am on Sunday morning are invited to receive personal prayers for healing after receiving communion. Each Sunday, trained volunteer prayer ministers will be waiting to pray with you and for you.

Contact: Brad Thomason  
615-604-3109  
nbradthomason@gmail.com

### LAY EUCHARISTIC VISITORS

We who are many are one body because we all share one bread and one cup. Our volunteer team of Lay Eucharistic Visitors brings Holy Eucharist to those who are not able to come to St. George's for services.

Contact: John Lewis  
615-248-8665  
john@johnlewisattorney.com

## Prayer Shawl Ministry

This group of experienced and novice knitters and crocheters creates shawls for those who would benefit from a spiritual "hug." Prayers are said as the shawls are being made and blessed by a priest when finished.

Contact: Mary Jackson  
615-330-4153  
dixiejaxons@gmail.com

## Parish Support

### DRIVING

Caring individuals able drive some of our older adults to church for Sunday morning worship.

Contact: Robin Puryear  
615-385-2150 x 247  
robin.puryear@stgeorgesnashville.org

### INREACH SHEPHERDS

The Shepherds are a volunteer team ready to answer short term needs of St. George's parishioners—from rides to the doctor or church, to errands, to small household tasks. They "reach in" to smooth out temporary rough spots in times of need.

Contact: Jeanne Gore  
615-604-9856  
jengalan@comcast.net

### ROGUES

St. George's ROGUES (Retired Old Guys Unpaid Executive Services) offer assistance to the community in multiple ways. They bring life and career experience to offer support and mentoring to anyone needing it, and they welcome any other retirees interested in joining them.

Contacts: Frank Hammer  
615-500-2150  
frankhammer@comcast.net  
Richard Kew  
615-385-2150 x 264  
richard.kew@stgeorgesnashville.org



# An Invitation to Receive Prayer

## INVITATION TO PRAY WITH US

At St. George's, we believe in the life-changing power of prayer. But that does not mean that we pretend that the praying life is free from frustrations or anxieties or extended times of waiting. The praying life faces life's challenges and joys with the faith that God himself will meet us amidst these very experiences. By turning our attention to him—asking for healing or provision or wisdom or protection or forgiveness—we believe that he responds in such a way as to bring us into the deepest fellowship with him. The practice of praying needs encouragement because while it is powerful and effective, we can get discouraged during the waiting period if we do it alone.

We invite you to join with us in a life of prayer. If you or a loved one needs prayer for healing, accept healing prayers at one of our services or attend our weekly prayer meeting. You might want to add a name to our Prayers of the People for worship on Sundays or in daily chapel services. There are so many ways to share your prayer needs with the church family, as you'll see below. It would be our joy to pray for you. ✝



## LET US PRAY FOR YOU

Many—if not most of us—have experienced moments in our lives where the saving grace and real presence of God has improbably changed lives, ours, or others. Testimonies abound, and there are many here at St. George's Church! Let us know how we can pray for you, and we would love for you to share your story about the power of prayer!

**Robin Puryear, Director of Pastoral Care**  
**[Robin.puryear@stgeorgesnashville.org](mailto:Robin.puryear@stgeorgesnashville.org)**  
**615-385-2150 x 247**



# HOW TO PRAY

## AS A CHURCH FAMILY

- Sunday prayer list
- Daily chapel list
- Youth prayer list
- Services of Choral Evensong and Compline

## IN SMALL GROUPS

- Essentials Small Groups
- Classes and Bible Studies
- Daughters of the King
- Thursday Prayer Meeting
- Small prayer Groups
- Clergy daily prayer time
- Staff daily prayer time

## ONE-ON-ONE

- Healing prayer
- With a priest
- With a Lay Eucharistic Visitor
- With your family and friends

## INDIVIDUALLY

- With the Psalms
- With the words of The Book of Common Prayer
- With your own words and feelings
- Through art, creativity
- In nature - God's own creation

## How can you ask for prayer?

1. **Contact Robin Puryear**  
Director of Pastoral Care  
615-385-2150 x 247  
robin.puryear@stgeorgesnashville.org)
2. **Speak to a priest**
3. **Attend the Healing Service** in the Chapel on Wednesdays at 10:00am
4. **Request healing prayers** after communion on Sundays (during services at 8:45am, The Table, and 11:00am)
5. **Attend the weekly prayer meeting**  
Thursdays at 5:00pm in the Chapel
6. **Fill out a prayer request card**
7. **Contact the church** - we want to help!







*Christ Rising* by  
Frederick Hart  
in St. George's  
Columbarium

# Walking the Journey of Grief Together with Compassion

By the Rev. Caroline Osborne & Robin Puryear, *Director of Pastoral Care*

One never expects to find words of wisdom in pop culture TV shows, but the end of Disney's WandaVision offered this quote: "What is grief if not love persevering?" In a fallen world, grief will always be a part of love. As such, it is both inevitable and universal. At any given time, there are dozens of people in our church community traveling the lonely journey of grief. And in the last two years, each of us has experienced some form of loss. We may have lost relationships, health, or opportunities, but among the most painful is the loss of those we have loved.

Research shows that an "uncomplicated grief" takes three years to process-but not, of course, to go away. As everyone who grieves for someone knows, it never goes away.

As the Book of Proverbs notes, "Each heart knows its own bitterness, and no one else can share its joy." Though uni-

versally experienced, grief is still unique to each individual going through it.

St. George's wants to better support members of our community when they find themselves in a season of loss or challenge. We're digging into existing pastoral care ministries and revitalizing ones that were upended by the pandemic, including our lay eucharistic visitors, who offer so much meaning through one-on-one relationships and shared Eucharist. We are creating liturgies that provide space for us to grieve together, such as our biannual Service of Remembrance and Thanksgiving. We are working with Insight Counseling to provide a 5-week Christian course for those ready to explore their grief with others in a safe environment. And with the generous support of parishioner, we are thoughtfully preparing new ministries to help support families navigate the grieving process from year to year. With this wonderful gift, we are looking

at long-term compassionate care, hope and encouragement programs that will be offered to our parishioners who have experienced the unexpected loss of a love one. Our goal is to maintain a loving relationship with the grieving family as they start to restore normalcy to their lives, especially the first three year which are sometimes known to be the hardest.

While grief is a product of a fallen world, grief is not wrong, even for those who know Jesus and have hope in the resurrection. The Bible tells us that Jesus wept at the grave of Lazarus—an especially striking story because he knew he was about to raise his friend from the dead. Therefore, if even Jesus grieved, grief is not something to be rejected, but accepted. Embraced, not as a place to dwell, but as a necessary journey to walk. As fellow Christians on the Way, we want to share this journey with you. ✝





# The Hidden Cost of Hidden Things

By the Rev. Billy Cerveney

We all have 2 things in common: None of us have it all together and we all want the people around us to think we do.

It's easy to brush off this statement as an "oh nobody's perfect" type cliché, but if you sit with it for more than a minute, I'm confident you'll find it convicting. I certainly do—which is exactly why I tend to brush off statements like this. Who wants to focus on the ways we don't have it all together? I mean, you can't do that without focusing on what you've messed up in your life, right? It's much more comfortable to brush it off.

In reality, there are hidden costs to hidden things. The damage we do trying to hide our personal struggles is exponentially greater than just laying it all out on the table. As the old political adage says, it's not the scandal that will destroy you. It's the cover-up.

Why then do we cover things up? We believe if people saw us for who we really are, they would run away horrified... then we would be rejected and alone. So we push our personal struggles into the shadows and contend with them in isolation.

Unfortunately, shadows and isolation form an incubation chamber in which our struggles not only grow—they be-

come poisonous and permeate our lives. Here our simple insecurities can become narcissistic tendencies that blind us to ourselves and the needs of others as we consume those around us. The shadows can turn our fears of failure into the oppressive need to control our spouses or children. Shadows and isolation morph painful childhood memories into alcoholism and other addictions. And we are left to ask...Where is Jesus in all this?

I have heard Isaiah 61 described as Jesus' job description...and here is what it says in the very first verse: "He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from the darkness for the prisoners..." Why does he call us from the shadows? To "comfort all who mourn...to bestow on them a crown of beauty instead of ashes..."

Let me paraphrase this. "I see the things you are hiding and understand why you are hiding them. However, the places where you hide those things which scare you are not really shadows. They are prisons. But I, Jesus, have unlocked the door through my cross and you can now come into the light. You don't have to fix it first.

Just step out and you will find comfort, beauty, joy and freedom with me."

I know what it means to be a prisoner in the dark and how scary it is to step into the light. I also know what it means to find the healing in Christ as he gives new meaning and purpose. This is why I created Redbird. †

“

He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from the darkness for the prisoners..."

Isaiah 61:1

St. George's has a partnership with Billy Cerveney, an ordained Presbyterian minister. Through his non-profit counseling ministry, Redbird, Billy offers help for people on this journey of stepping out of the shadows. We will be offering individual counseling appointments, classes and other opportunities in the coming months for all who are interested. Whether you just want to better understand your story or if you are dealing with something which has made your story too painful to explore, Redbird is here to guide you. If you need help, please let us know.

**Connect with Billy at 615-482-4559  
or [info@redbirdnashville.com](mailto:info@redbirdnashville.com)**





# Raising Children Who Love Others

By Cate Jones

*Director of Children's & Family Ministries*

A couple of years ago I overheard my then 4-year-old yelling at her younger brother for something he had done that caused her tremendous angst—most likely knocking over her

and fail to model Christ, what I can do is model redemptive grace by apologizing to my kids when I have wronged them or others. What my kids need to see is not me being a “perfect” parent; what they need to see is a parent who doesn’t try and cover it up when she fails. They need to see me owning my bad behavior, humbly seeking their forgiveness, and relying on the Holy Spirit to transform me. I need to openly pursue Christ and rely on the Holy Spirit—because I can’t want something for my children that I’m not willing to do for myself.

Duplo tower or some other developmentally appropriate, yet frustrating, act. In any case, I couldn’t believe the tone with which she spoke to him. Just as I was about to yell at her for yelling at him, my heart sank. I realized why the tone and words were so familiar—she had heard them come from me. I prayed not only to do better, but that the Holy Spirit would help me to be a Christ-like role model for my kids.

How our children love others—or don’t—is linked to how we as parents model it for them. After all, no one is surprised when our kids support the Titans or Predators. In most households, the lines are drawn early on, the jerseys are bought, tickets purchased, and time is reverently set aside for watching games. Just as Jesus modeled what it looked like to be in a relationship with God the Father, we can model Christlikeness for our children. In her book, *Spiritual Parenting*, Michelle Anthony puts it like this: “Modeling answers the questions, ‘How do I practically put into practice what I have learned? How do I abide in Christ? How do I let His Spirit guide me?’ As parents we become living breathing examples to these questions. We put flesh on faith.” ✝

Years later I still struggle with keeping my words kind, my heart patient, and my mind understanding. But what I do feel convicted of is that the way my children see me talk to and about others directly impacts how they love others in turn. And I’m not just talking about a surface-level niceness, but about a genuine Christ-centered love for others. How do we help our kids have THAT?

I realized that though I frequently fall short





# Supporting Parents

By the Rev. Margery Kennelly

One of the realities of being a parent of small or even middle school children is that your schedule is so full of earthly practicalities that there is not much room for spiritual things. By the time the dishes are away, the kids are in bed and the bills are paid, you are ready to crawl into bed yourself so you can be ready for the next day. It's helpful to remember that the eternity we are headed towards is about loving and serving others—it is something that parenthood trains us to do. It also teaches us that we need God more than we might have imagined and that we long for a community that will support us as we navigate raising our children. Here are some ways that St. George's offers to care for your soul as you journey through this especially full season of life.

The first place of pastoral care is worship on Sunday for you and your children. It is usually a struggle to get everyone out the door on Sunday morning. I remember it well. But that effort will bless you and your family in more ways than you can imagine. Guard your Sunday. Decide what will make your afternoon restful and enjoyable.

We offer a Sunday school class called Parenting Together which teaches specific parenting skills and introduces you to other parents of similar age children. If you are a single parent, this class is a great way to connect with a supportive group and be encouraged.

Seminars and presentations from guest speakers like Daystar Counseling offer us the ability to gather together as a community throughout the year to learn about children's growth and develop practical tools for raising children in this community. Each fall, we offer The Marriage Course for couples. Marriage always involves adjustment and sometimes it benefits from

**MEN'S RETREAT: Man Enough**  
Approximately 30 men participated in a retreat April 1-2 led by Billy Cerveny and our clergy.

**WOMEN'S RETREAT: Rest & Renew**  
Saturday, May 7, 10:00am-4:00pm

**For details or to sign up, contact:**  
Robin Puryear  
[robin.puryear@stgeorgesnashville.org](mailto:robin.puryear@stgeorgesnashville.org)  
615-385-2150 x 247

special attention. The Marriage Course is a series of date nights designed to deepen and strengthen your relationship with your spouse.

This spring we offer retreats for both the men and women of the church. We have heard flight attendants say it a thousand times, "you need to put your own oxygen mask on first before you help your children put on theirs." It may seem like an impossible indulgence to take time away from your family to go on retreat. But setting aside time to be with the Lord in community fellowship will refresh you deeply and equip you to be a better parent.

In this season of life your prayers may be more like text messages and your daily scripture reading might be from your children's Bible. God will meet you there. And we are here to support you. ✝





# Serving & Caring for Our Community through St. George's Enterprise Ministry

**St. George's Enterprise Ministry (SGEM)** is an important component of our outreach ministries. Each year, we enter new partnerships with local businesses and non-profits who provide meaningful employment and embrace the human dignity of the people they serve. In addition to grants awarded, our SGEM partners receive support from St. George's via business mentoring and professional skills. Developing relationships with these leaders in our community and the people they serve is a growing priority for St. George's. While we certainly care for those within the walls of our church, it is also our calling as Christians to lovingly care for the people who God has placed in our community. We are so excited to share the two new organizations we are partnering with this year: **Friends' Life and My Bag My Story.**



## FRIENDS' LIFE TREAT TRUCK

The Friends' Life Treat Truck is a new social enterprise from an existing non-profit called Friends' Life Community, which helps young adults with developmental disabilities gain social and work skills. The Treat Truck started as a self-sustaining way to get the "friends" into the Nashville area both to work on their skills and to educate the community about people with developmental disabilities. Staff drive the truck to different locations, and the friends man the truck, taking orders and handing out treats. When the truck has a daytime event, it is part of the Friends' Life curriculum. When the truck has an event in the evenings or on a weekend, it is a work opportunity for the friends. It provides a resume builder and income source, as well as a learning opportunity.

Through the SGEM partnership, St. George's will assist Friends' Life with an upgrade for the treat truck. Instead of a pull-behind trailer, the friends will work with a food truck. Friends' Life will also have new resources to update the behind-the-scenes processes that support their meaningful work.

Learn more at [friendslife.org](http://friendslife.org).







## MY BAG MY STORY



When founder and foster care mom, Cara Finger, saw that her foster care children came to her with their only belongings in a trash bag, she was heartbroken and moved to action. My Bag My Story (MBMS) was founded in 2019 out of her passion to end this indignity experienced by foster children. This non-profit organization sells high-quality backpacks, duffel bags, and pouches. For bag sold, an identical one is donated to a child in foster care. This gift then takes the place of the trash bag most foster care children use to transport their belongings from one foster home to another.

Through our partnership, My Bag My Story will implement a new strategic plan, hire administrative support, and address supply chain shortages with their fabric supplier. Together these benefits will allow their ministry to grow and benefit even more children in the future.

Visit [mybagmystory.com](http://mybagmystory.com) to learn more.



MY BAG  
MY STORY



a conversation with





# Brian & Linda Moore

**Q. Tell us a little bit about your history at St. George's. How did you come to be a part of this community?**

**A. Linda:** We moved to Bellevue in 1987. We had friends at St. George's and knew that there were excellent youth programs. Our sons joined the Boy Scouts, and the whole family went on mission trips to Honduras.

**Brian:** Actually, I “chickened out” of the first Honduras trip but joined in after hearing how much fun it was.

**Q. It seems you are always busy doing ministry at the church – what are some of the ways you have been involved this past year?**

**A. Brian:** Linda is involved with Daughters of the King. And we have managed a few Lay Eucharistic Visitor trips despite visitor restrictions at retirement communities.

**Linda:** Brian seems to take particular pleasure attending weekday services. I think he just likes to disturb my sleep. We've both been volunteering to help someone from Israel practice his English each week on Zoom through the Helping Holy Land Christians ministry. Also, Brian acts as the “AV Crew” for Roger Senechal's Bible Study.

**Q. We understand you have developed some special relationships with church members through the Lay Eucharistic Visitor (LEV) ministry. Can you tell us a bit about one of those relationships?**

**A. Linda:** One stands out for us. We took communion to a woman named Florence Swearingen for eight years. Two of the church's traveling communion kits bear her name. One box was

given in her honor, and she was able to see it. (And she tried not to give it back!) Florence was always fun to visit, and we got to know her whole family. She died in 2015 at age 97. We have more Florence stories than we could share here.

**Brian:** Florence's family gave great recognition to the impact the LEV program made on Florence and her family. Even for someone who has devoted family nearby, it is important to share life with others through communion.

**Q. What are you looking forward to or excited about this year at St. George's?**

**A. Brian:** As people get out more, we think that St. George's expanded footprint and all that goes with it positions us for great growth. We look forward to seeing lots of new faces.

**Linda:** We're excited to see the Lay Eucharistic Visitor ministry in full swing again. We see increases in both demand and supply of at-home communion visits.

**Q. What advice would you give someone who wants to volunteer with pastoral care ministry at St. George's? How would encourage them?**

**A. Linda:** DO IT! You will not regret it. One thing about a big congregation is that if you start something and it doesn't work out for you, there are still other ways to serve. Also, you don't have to do it the same way as everyone else. For example, some LEVs take communion to everyone in a particular facility and some LEVs focus on building a long-term relationship with one or two recipients. These focused visits can become very social and last over an hour. Both approaches work for different people. ✝





① Afghan Family Support Team



② Pilgrimage to Montgomery



③ Parenting Seminar



④ Ordinary Saints Art Exhibit



⑤ Agatha Nolen, *Director of Outreach*



# NEWS & NOTES

*from St. George's*

## ① AFGHAN REFUGEE SUPPORT

In response to the ongoing crisis experienced by families from Afghanistan, we have begun to sponsor an Afghan family who has recently relocated to Nashville. Supported by a core team of volunteers, St. George's will help this family transition to life in the states. In Lent, the church collected donations of household goods and supplies for Tennessee Resettlement Aid to support 150 additional families. And volunteers for our Mission Day on March 26 worked on projects directly supporting the needs of refugees arriving in our area.

## ② PILGRIMAGE TO MONTGOMERY

In February, over 20 St. George's parishioners traveled to Montgomery, AL to visit the Legacy Museum and the National Memorial for Peace and Justice. Our purpose was to grow in fellowship with each other and to build our understanding about what racial healing requires of us as Christians. We will be gathering in the coming months to continue this conversation and to practicalize it.

## ③ PARENTING SEMINAR

In February, we welcomed Sissy Goff and David Thomas from Daystar Counseling to help us learn more about caring and developing our children's souls. They shared new research, key milestones, and practical ways to help us raise children who are not only smart and talented, but who are also courageous, compassionate, resilient, and empathetic.

## ④ ORDINARY SAINTS

In March, we bid farewell to our second exhibit in the Bradford Gallery: *Ordinary Saints*, showcasing the work of painter Bruce Herman, poet Malcolm Guite, and musician J.A.C. Redford. After opening with a dynamic performance October 29 with poetry readings, live music, and compelling visual art, this exhibit has encouraged us to see the face of God in every face we encounter. Our gallery exhibits will continue to celebrate the Christian imagination as an offering to the community.

## ⑤ NEW DIRECTOR OF OUTREACH

St. George's is investing in our outreach ministries through a new staff ministry position. She joined us in December to fill the newly created role of Director of Outreach. This part-time staff position will involve creating and executing a deliberate approach to our parish outreach efforts as well as building up a team of lay leaders to support this important ministry. We are so excited to see the fruits of her ministry here as we seek to serve others.





Celebrate Easter and  
St. George's Feast Day with  
an authentic Louisiana-style

# crawfish boil

SUNDAY, APRIL 24

5:00-7:00pm

Outside behind the church  
Non-seafood options available

\$15 per person  
Children eat free

Reserve your place at [stgeorgesnashville.org/crawfish](http://stgeorgesnashville.org/crawfish)





## Women's RETREAT

### Rest & Renew

Saturday, May 7

10:00am - 4:00pm

Take time to enjoy renewal this spring. Our spring women's retreat will provide a gracious space where you can experience the rest that Jesus promises to give us when we follow him. We will gather offsite to enjoy deep refreshment of our souls. The day will be spent reading Scripture, taking restful times for reflection and prayer, and rejoicing in the beauty of God's creation. The retreat will be led by the Rev. Margery Kennelly.

Register at [stgeorgesnashville.org/women](http://stgeorgesnashville.org/women).

## Parish PICNIC

Sunday, May 22

The annual parish picnic is a celebration of our life together as we enter the summer season. We'll worship together at new times for summer, then gather for a lunchtime feast.

Details and reservations will be available at [stgeorgesnashville.org/parishpicnic](http://stgeorgesnashville.org/parishpicnic).

See back cover of *The Shield* for the summer worship schedule.

## In Excelsis CONCERT SERIES

### Tallis Scholars

Sunday, May 1 at 2:00pm

Hailed by The New York Times as "the rock stars of Renaissance vocal music," this British ensemble is praised by reviewers worldwide for their supple clarity and tone.

### Spem In Alium

Sunday, May 15 at 5:30pm

St. George's Choir will join forces with the Advent Cathedral Choir of Birmingham, Alabama, to present Thomas Tallis' masterwork, *Spem In Alium*, a 40-part Renaissance motet.



## Vacation BIBLE SCHOOL

### Spark Studios: Created in Christ. Designed for God's Purpose.

Tuesday, July 12 - Friday, July 15

9:00am - Noon

Our VBS program is open to all rising Pre-K 4s through 5th graders.

**NEW!** VBS "Plus" is our daily music camp open to rising 1st-5th graders. VBS+ takes place from Noon to 2:00pm.

Register online at [stgeorgesnashville.org/children](http://stgeorgesnashville.org/children).



# GIVE TO ST. GEORGE'S TODAY



## REALM

Under the Giving tab you can make a one-time donation or set up recurring donations on any day of the month you choose. Realm walks you through each step and saves your information securely for future reference.



## MOBILE

Text "George" to 73256 from your mobile phone or device. A link will be texted back to you to make your gift with a credit or debit card through a secure site.



## ONLINE

Visit [stgeorgesnashville.org/give](http://stgeorgesnashville.org/give) and follow the "Give Here" link to be directed to an online giving form where you can make a donation.



## BY MAIL

Checks can be mailed to:  
St. George's Episcopal Church  
4715 Harding Pike  
Nashville, TN 37205.

Please make checks out to:  
St. George's Episcopal Church



## STOCK

Donate shares of stock or mutual funds to fulfill your pledge or as a one-time gift.

For more information, contact Laura Zabaski  
[laura.zabaski@stgeorgesnashville.org](mailto:laura.zabaski@stgeorgesnashville.org)



## TREASURER'S REPORT YEAR TO DATE THROUGH FEBRUARY 2022

|                      | <b>ACTUAL</b>     | <b>BUDGET</b>   | <b>VARIANCE</b>   | <b>PRIOR YEAR</b> | <b>VARIANCE</b>    |
|----------------------|-------------------|-----------------|-------------------|-------------------|--------------------|
| <b>REVENUE</b>       |                   |                 |                   |                   |                    |
| Pledges              | \$627,697         | \$715,006       | (\$87,309)        | \$622,282         | \$5,415            |
| Unpledged Gifts      | 90,619            | 83,721          | 6,898             | 110,208           | (19,588)           |
| Other Income         | 866               | 2,667           | (1,800)           | 16,908            | (16,042)           |
| <b>TOTAL REVENUE</b> | <b>719,183</b>    | <b>801,394</b>  | <b>(82,211)</b>   | <b>749,398</b>    | <b>(30,215)</b>    |
| <b>EXPENSES</b>      | <b>736,546</b>    | <b>768,791</b>  | <b>(32,245)</b>   | <b>585,196</b>    | <b>151,350</b>     |
| <b>NET CASH FLOW</b> | <b>(\$17,364)</b> | <b>\$32,603</b> | <b>(\$49,966)</b> | <b>\$164,202</b>  | <b>(\$181,566)</b> |



# INREACH

Do you need short term help?

Call Inreach. Volunteers serve as members of the body of Christ to assist with rides, tasks, running errands, or a few meals. Inreach reaches in to help smooth out temporary rough spots.

What is Inreach?

It's a lay ministry of parishioners helping other members of our parish family since 1996.

How do I request help?

- Inreach Shepherds of the month are listed in *The Shield* and in weekly bulletins.
- You can call them directly.
- You can call the church office at 615-385-2150.
- You can email, call, or text Inreach chairman Jeanne Gore at [jengalan@comcast.net](mailto:jengalan@comcast.net) or 615-604-9856 (C) or 615-371-9078 (H).



## Upcoming SHEPHERDS OF THE MONTH

APRIL 615-309-0612  
Leslie Overby [lmoverby@comcast.net](mailto:lmoverby@comcast.net)

MAY 703-965-7318  
Allison King [allison.kristi.king@gmail.com](mailto:allison.kristi.king@gmail.com)

JUNE 615-419-9615  
Bob Schwartz [robertschwartz@yahoo.com](mailto:robertschwartz@yahoo.com)

JULY 615-804-2833  
Michelle Cudd [michellecudd@comcast.net](mailto:michellecudd@comcast.net)

AUGUST 615-604-9856  
Jeanne Gore [jengalan@comcast.net](mailto:jengalan@comcast.net)

# TRANSITIONS

## BAPTISMS

Virginia Siler Barr,  
daughter of Caroline and the Rev. Dr. David Barr

Wade Milton Eagan,  
son of Joanna and Timothy Eagan

Elizabeth Tucker Eakin,  
daughter of Sarah and Jack Eakin

Stanley Townes Foote,  
son of Caitlin and Spencer Foote

Hilton Emery Harmon,  
daughter of Lana and Dr. Thomas Harmon

Lewis Hughes Hazlehurst,  
on of Erica and Chad Hazlehurst

Theophilus Wilberforce Heren,  
son of Ashley and Peter Heren

Montgomery Wilkes Moore,  
son of Brooks and Bret Moore

Wallace Edward Palmer,  
son of Dede and Wallace Palmer

Cora Pierce Richardson,  
daughter of Virginia and Greg Richardson

Ruth Kathleen Robertson,  
daughter of Allison and Jack Robertson

Margaret Elinor Schrimpf,  
daughter of Carmen and Matt Schrimpf

Joshua Walker Uden,  
son of Shae and Jim Uden

Anne Hamilton Warren,  
daughter of Molly and Elliott Warren

Jackson Francis Irving,  
son of Lindsay and Brian Irving

## DEATHS

Lee Cornelius Bowden, Jr.  
James C. Bradford III  
Alice Elizabeth Pearson Chapman  
James Fall Presley  
Stewart Walker Clayton  
Lee Cornelius Bowden  
Lloyd Elijah King, Jr.  
Emeline Riddle Tilley  
George Quigley Langstaff

## BIRTHS

Francis Elaine Berklacich,  
daughter of Sam Berklacich & Taylor Northcutt

Cruz Decker Cua,  
son of Maxx & Ashley Cua

James Emerson Daniels,  
son of Dennis & Amy Daniels

Noah Neel Daugherty,  
son of John & Sarah Daugherty

Reed Rhymes Ellis,  
daughter of Reed & Marita Ellis

Katherine Scarlett Jacques,  
daughter of Matthew & Anna Jacques

Henry Wilhelm Kestermann,  
son of Andy & Kathleen Kestermann

Thomas Watkins Land,  
son of Wilson & Brooke Land

George Tate McNeilly,  
son of Tate & Carolyn McNeilly

Mildred Elizabeth Richard,  
daughter of Andrew & Ashleigh Richard

Emma Callaway Shell,  
daughter of William & Callie Shell

Irene Houston Jewell Staub,  
daughter of Joseph & Milner Staub

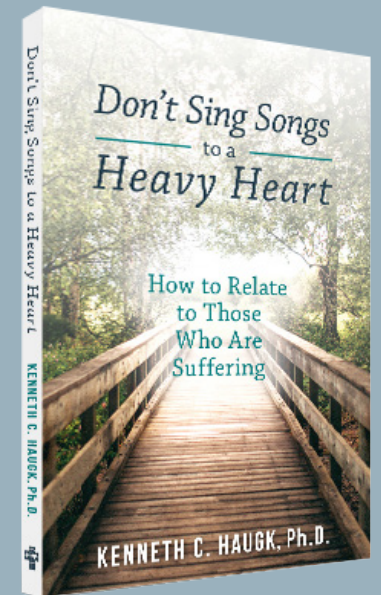
Ann Clayton Sutherland,  
daughter of Phillip & Keely Sutherland

George Butler Weldon,  
son of Conor & Caroline Weldon

## NEW MEMBERS

Lorraine Abrams • Kelly Adams  
Chase Benefiel • Fay Binning  
Tony & Norma Bueschen  
Ruth Cate  
Eric Conte-Gordon & Dakota Gordon  
Reed Cook • Kathryn Dailey  
Dennis & Amy Daniels  
Alex, Andi & Olivia Dragnich  
Kristin Engerer • Luke Froeb  
Chuck, Laura, Elle & Charles Goldberg  
Starner Jones • Diane Moore  
Carl Murphy • Francis Nash  
Deanna Raih  
Heather, Becky, & Reid Reiser  
Lindsey Vance • Chuck White  
Denise Yardley & Aiden Sowell

# BOOK NOOK



## Don't Sing Songs to a Heavy Heart

Kenneth C. Haugk, Ph.D.

It can be difficult to know what to say to someone who is suffering. Whether that is a friend who has recently been diagnosed with cancer, or a family member suffering from a chronic disease. Often, because we fear saying the wrong thing, we say nothing at all. Forged from author Kenneth C. Haugk's own experiences of suffering, this book draws on extensive research with more than 4,200 people who have experienced various kinds of suffering in their lives, offering key insights and suggestions of what to say and do — and what not to say or do — when people are hurting. This is a very practical book, full of concrete ideas, that will help you bring God's loving presence to hurting people when they need it most.

— The Rev. Colin Ambrose &  
the Rev. Margery Kennelly

## Worship Schedule

### SUNDAYS

7:30am Holy Eucharist  
9:00am The Table  
8:45am Holy Eucharist<sup>\*†‡</sup>  
10:00am Sunday School<sup>†</sup>  
11:00am Holy Eucharist<sup>\*†‡</sup>  
5:00pm Evening Prayer with Holy Eucharist

### SUMMER SUNDAYS

*Starts Sunday, May 22*

7:30am Holy Eucharist  
9:00am The Table  
10:00am Holy Eucharist<sup>\*†‡</sup>  
5:00pm Evening Prayer with Holy Eucharist

\*Livestreamed at [stgeorgesnashville.org](http://stgeorgesnashville.org)

<sup>†</sup>Nursery (8 weeks-2 years)

<sup>‡</sup>Childcare (3-5 years)

### HOLY WEEK

*Maundy Thursday, April 14*  
7:30pm Holy Eucharist<sup>\*†</sup>

*Good Friday, April 15*

7:00am Holy Eucharist & Good Friday Liturgy  
12:00pm Good Friday Liturgy<sup>\*†</sup>  
6:00pm Good Friday Liturgy<sup>†</sup>

*Holy Saturday, April 16*

7:30pm The Great Vigil of Easter<sup>\*†</sup>

*Easter Day, April 17*

7:00am Holy Eucharist  
8:45am Holy Eucharist<sup>\*†‡</sup>  
9:00am The Table<sup>†‡</sup>  
11:00am Holy Eucharist<sup>\*†‡</sup>  
11:00am The Table<sup>†‡</sup>  
5:00pm Evening Prayer with Holy Eucharist  
**NEW! Egg Hunt between services on the rear playgrounds.**



*The Shield* is a quarterly publication of St. George's Episcopal Church and is distributed to members and friends to engage and inform readers about what is happening in the life of our church community.

### Communications Team

The Rev. Colin Ambrose

Rebecca Teel, Director of Communications

Elizabeth Reavis, Special Projects Coordinator

Stephanie Elder, Worship & Communications Coordinator

Laura Zabaski, Parish Administrative Officer

### Photography

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Front Cover: John & Mia Abernathy with Wanda Jones

Back Cover: Seniors Helping Others in March

For the most up-to-date information on all our worship offerings please visit [stgeorgesnashville.org](http://stgeorgesnashville.org).