

THE HOLY EUCHARIST: RITE II

The Second Sunday after the Epiphany January 14, 2023 | 8:45am

The people's responses are in bold.

VOLUNTARY Choral Prelude on S.S. Wesley's 'Hampton'

C. Hubert H. Parry

THE WORD OF GOD

Please stand, as you are able.

OPENING HYMN • 119 (vv. 1-2, 4-5) As with gladness men of old

Dix

OPENING ACCLAMATION

BCP, p. 355

Blessed be God: Father, Son, and Holy Spirit;

And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name; through Christ our Lord. **Amen.**



COLLECT OF THE DAY

BCP, p. 215

The Lord be with you.

And also with you.

Let us pray.

Almighty God, whose Son our Savior Jesus Christ is the light of the world: Grant that your people, illumined by your Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshiped, and obeyed to the ends of the earth; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and for ever. **Amen.**

Please be seated.

THE READING 1 Corinthians 6:12-20

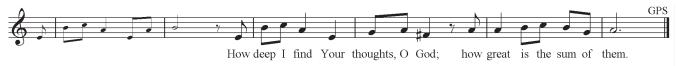
"All things are lawful for me," but not all things are beneficial. "All things are lawful for me," but I will not be dominated by anything. "Food is meant for the stomach and the stomach for food," and God will destroy both one and the other. The body is meant not for fornication but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us by his power. Do you not know that your bodies are members of Christ? Should I therefore take the members of Christ and make them members of a prostitute? Never! Do you not know that whoever is united to a prostitute becomes one body with her? For it is said, "The two shall be one flesh." But anyone united to the Lord becomes one spirit with him. Shun fornication! Every sin that a person commits is outside the body; but the fornicator sins against the body itself. Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore glorify God in your body.

The Word of the Lord.

Thanks be to God.

PSALM 139:1-17 chant by A.H. Mann

The response is sung first by the choir, then by all as indicated.



- 1 Lord, you have searched me out and known me; * you know my sitting down and my rising up; you discern my thoughts from afar.
- 2 You trace my journeys and my resting-places * and are acquainted with all my ways.
- 3 Indeed, there is not a word on my lips, * but you, O Lord, know it altogether.
- 4 You press upon me behind and before * and lay your hand upon me.

5 Such knowledge is too wonderful for me; *
 it is so high that I cannot attain to it.
6 Where can I go then from your Spirit? *
 where can I flee from your presence?
7 If I climb up to heaven, you are there; *
 if I make the grave my bed, you are there also.

Response

8 If I take the wings of the morning *
and dwell in the uttermost parts of the sea,
9 Even there your hand will lead me *
and your right hand hold me fast.

Response

10 If I say, "Surely the darkness will cover me, * and the light around me turn to night,"

11 Darkness is not dark to you;

the night is as bright as the day; *

darkness and light to you are both alike.

12 For you yourself created my inmost parts; * you knit me together in my mother's womb.

13 I will thank you because I am marvelously made; * your works are wonderful, and I know it well.

14 My body was not hidden from you, * while I was being made in secret and woven in the depths of the earth.

15 Your eyes beheld my limbs, yet unfinished in the womb;

all of them were written in your book; * they were fashioned day by day, when as yet there was none of them.

Response

16 How deep I find your thoughts, O God! * how great is the sum of them!

17 If I were to count them, they would be more in number than the sand; * to count them all, my life span would need to be like yours.

Response

Please stand, as you are able.

SEQUENCE HYMN • 371 Thou, whose almighty word

Moscow

THE HOLY GOSPEL John 1:43-51

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ.

The next day, Jesus decided to go to Galilee. He found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." When Jesus saw Nathanael coming toward him, he said of him, "Here is truly an Israelite in whom there is no deceit!" Nathanael asked him, "Where did you get to know me?" Jesus answered, "I saw you under the fig tree before Philip called you." Nathanael replied, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered, "Do you believe because I told you that I saw you under the fig tree? You will see greater things than these." And he said to him, "Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man."

The Gospel of the Lord.

Praise to you, Lord Christ.

THE SERMON The Rev. Joe Ananias

THE NICENE CREED BCP, p. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord Jesus Christ the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE, FORM I

BCP, p. 383

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray to the Lord. **Lord, have mercy.**

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, especially those affected by the violence and suffering in Israel and the Middle East and in Ukraine, let us pray to the Lord. **Lord, have mercy.**

For for Justin, the Archbishop of Canterbury; Michael, our Presiding Bishop; John, our Bishop; and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For Joe, our President; Bill, our Governor; Freddie, our Mayor; for the leaders of the nations; for all in authority; for the members of our parish in the armed forces serving our country; and for our enemies and those who wish us harm, let us pray to the Lord.

Lord, have mercy.

For this city, for every city and community, and for those who live in them, and in thanksgiving for the marriage of Taylor Davis and Ford Garrard, let us pray to the Lord.

Lord, have mercy.

For seasonable weather, and for an abundance of the fruits of the earth, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord. **Lord, have mercy.**

For those who travel on land, on water, in the air, or through outer space, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, especially Reba Barker, Sandy Berry, Lucius Burch, Chris Carter, Anna Kate Craig, Ruth Cate, Charlie Gore, Livi Grasman, Susan Narramore, Caroline Trabue Reed, Acra Samuels, Trish Thomas, Mike Waller, and Trilby Williams, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord. **Lord, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

For the absolution and remission of our sins and offenses, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. **Lord, have mercy.**

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace.

Lord, have mercy.

In the communion of St. George and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Silence

The celebrant prays the concluding Collect and the people respond **Amen.**

Please kneel, as you are able.

THE CONFESSION BCP, p. 360

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

THE ABSOLUTION BCP, p. 360

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand, as you are able.

THE PEACE BCP, p. 360

The peace of the Lord be always with you.

And also with you.

Please be seated.

THE OFFERTORY

Thou wilt keep him in perfect peace

Samuel Sebastian Wesley

Thou wilt keep him in perfect peace whose mind is stayed on Thee.

The darkness is no darkness with Thee, but the night is as clear as the day.

The darkness and the light to Thee are both alike.

God is light and with Him is no darkness at all.

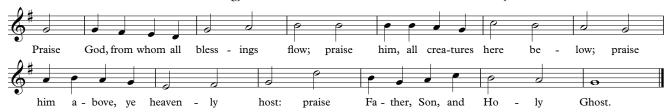
Oh let my soul live and it shall praise Thee.

For Thine is the Kingdom, the power and the glory, for evermore.

Please stand, as you are able.

AT THE PRESENTATION The Doxology

(Hymn 380, verse 3) Old 100th



THE GREAT THANKSGIVING Eucharistic Prayer C

BCP, p. 369

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give Him thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

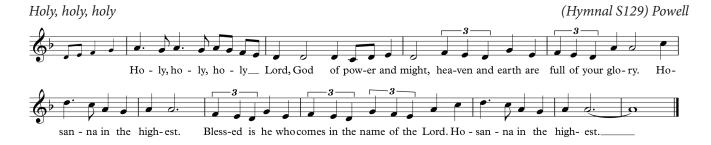
From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:



Please kneel or remain standing, as you are able.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

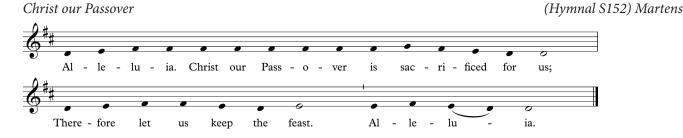
Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.



BCP, p. 364



The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Notes on Receiving Communion All baptized Christians are invited to receive the sacrament, regardless of age or denomination. Those who have not been baptized are welcome to a blessing—indicate your desire for a blessing by crossing your arms over your chest. If desired, you may intinct (dip) your wafer at the altar rail or have the LEM intinct it for you. Gluten-free wafers are available at the side station.

After receiving communion, a Prayer Minister will be available in the front right corner of the Nave to pray with you for intercessions, thanksgivings, or other petitions.

MUSIC DURING COMMUNION

Agnus Dei Thomas Morley

Agnus Dei, qui tollis peccata mundi, miserere nostri. [Lamb of God, who take away the sins of the world, have mercy on us.]

Please kneel, as you are able.

THE POSTCOMMUNION PRAYER

BCP, p. 366

Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING BCP, p. 366

Please stand, as you are able.

CLOSING HYMN • 535 Ye servants of God, your Master proclaim

PADERBORN

THE DISMISSAL BCP, p. 366

Let us go forth in the name of Christ.

Thanks be to God.

VOLUNTARY "Toccato" from 'Suite No. 1 for Organ'

Florence Price

WORSHIP NOTES

Clergy The Rev. J. Malone Gilliam, celebrant; the Rev. Joe Ananias, preacher; the Rev. Dr. David Barr; and the Rev. Roger Senechal Verger Don Greene

Acolytes Cooper Wells, Mills Dale, Miller Logan, and Coerte Crawford

Lector Craig Laine

Lay Eucharistic Ministers Ella Redkevitch, Kim Baker, Red Martin, and Jonathan Morphett

Greeters Joe & Jane Andrews, De Dawkins, and Christy Dismukes

The flowers in the Nave are given to the Glory of God and in celebration of the marriage of Taylor & Ford Garrard.

The aumbry candle in the Nave is given to the Glory of God and in loving memory of Joe & Virginia Pendergrass by Suzanne DeMoss Pendergrass and Steven Pendergrass.

MUSIC NOTE

The offertory anthem, *Thou wilt keep him in perfect peace*, is written by Samuel Sebastian Wesley (1810-1876). His middle name was given in honor of the great Johann Sebastian Bach. He is also grandson of the great hymn writer Charles Wesley, who wrote thousands of hymns we still sing to this day, such as "Lo! He comes with clouds descending" and "Love divine, all loves excelling." The text of today's anthem comes from Isaiah 26. It has a soothing opening with a hymn-like texture. The music then begins to flow and build with a beautiful tension that brings back the original opening music, which feels firm and assured. *Agnus Dei* by Thomas Morley (1557-1602) is a sublime example of Renaissance polyphony, where different parts of the choir sings similar lines at different times, highlighting the simple liturgical text. Long melodic lines are built based on the natural phrasing of the Latin text, emphasizing its delicate and sorrowful meaning and nature.

PRAYERS OF THE PEOPLE

In your prayers this week, please pray for the following:

In the Anglican Communion, we pray for Archbishop of Canterbury, Justin Welby, and the Church of the Province of South East Asia.

In the Episcopal Church, we pray for Presiding Bishop, Michael Curry.

In the Diocese of Tennessee, we pray for our Bishop, John Bauerschmidt; Church of the Holy Trinity in Nashville, and the 192nd Annual Convention of the Diocese.

In our community, we pray for Brook Hollow Baptist Church.

In our parish, we pray for the students, volunteers, and leaders of the Youth Ski Trip; our Nashville Fellows, Alex, Derek, Laura, and Olivia; and our Organ Intern, Abe.

SUNDAY SCHOOL Starting January 21 10:05am

Class descriptions at stgeorgesnashville.org/ministries.

ADULTS

Rector's Roundtable - Johnson Hall

Led by the Rev. J. Malone Gilliam. What is sin? What is holiness? In the Rector's Roundtable, join Malone for an active discussion around the intersection of faith and daily life. We may not always leave with answers, but we'll grow closer to one another as we dig into meaty topics together.

Adult Confirmation & Anglican Christianity - Hampton Hall Led by the Rev. Dr. David Barr. When you become a confirmed Episcopalian, you step into one of Christianity's largest global traditions. Confirmation is not only a way to visibly affirm one's place within the people of God, it is also a way of receiving a whole new story—a rich inheritance of theology, worship, song, and liturgical practice. We welcome people from any faith tradition, even Episcopalians simply looking for a refresher on the Anglican faith.

Parenting Series: Worrying Less, Trusting More - Dandridge Hall Led by the Rev. Sarah Puryear. It's not possible for any of us to completely eliminate worry from our lives, but we can learn about causes of anxiety and manage our worries as we entrust ourselves and our kids to God's loving care. This class will draw on The Worry-Free Parent written by Daystar Counseling's Sissy Goff, along with other related resources. We invite parents of kids aged 0-18 to join us for conversation, support, and prayer.

Grandparenting & Seniors Forum - Room 218

Led by the Rev. Richard Kew. Our class takes the form of fellowship and discussion focusing on a topic related to the challenges and opportunities of grandparenting and ministering to youth in today's world. We welcome anyone who wants to better serve the next generation - not just grandparents.

Renewing the Mind - Room 202

Led by the Ven. Dr. Martin Odidi. The mind is the most important part of the human life. It is the seat of decision. Paul tells us in Romans 12:1-2 to renew our minds with the Scriptures in order to be transformed into the image of Christ.

Ethics, Theology, & Conversation - Conference Room Facilitated by church members, this weekly offering is a roundtable discussion of topics presented by members of the group.

YOUTH

Walking Out Our Faith (9th-12th Grade) - Akers Hall Confirmation (8th Grade) - Youth Confirmation Room The Gospel Project (7th Grade) - Room 219

CHILDREN (The Gospel Project)

Pre-K 3s & 4s - Room 112
Pre-K 5s & Kindergarten - Rooms 114
1st Grade - Room 206
2nd Grade - Room 223
3rd & 4th Grade - Room 205
5th & 6th Grade - Room 204

Sunday School Classes Sunday School classes resume on Sunday, January 21 at 10:05am, with offerings for children, youth, and adults. Newcomers are welcome at any time! Visit stgeorgesnashville.org/ministries for details.

Welcome to the Rev. Joe Ananias Joe Ananias has joined the clergy team of St. George's as Priest Associate. He comes to Nashville from his previous role serving as Associate Director of the Anglican Episcopal House of Studies at Duke Divinity School. We look forward to his ministry here as he leads worship, teaches, and supports the overall ministries of the church.

Newcomer Gathering Meet clergy, parishioners, and other newcomers during an informal gathering today at 10:05am in the church library. We'd love to see you there!

Final Interest Meeting for Our Little Roses Youth and adults interested in learn more about serving on our annual summer mission trip to Honduras are invited to a meeting today at 10:05am in Dandridge Hall (upstairs). Jensy Maldonado Castejon will serve as our guest speaker and will be eager to answer your questions. Details and trip registration can be found online at stgeorgesnashville.org/ourlittleroses.

Choral Evensong Please join us on Sunday, January 14 at 5:00pm in the Nave for a contemplative service of choral music and chant led by St. George's Choir. Stay after the service for a reception with members of the choir.

Essentials Small Groups Our next series of small groups will dive into the dramatic story of Exodus. In Exodus, we have the story of God's redemptive work through Moses, the shepherding of God's people into a new life with him, and the giving of God's own words in the Law. This spring, please join us as we walk alongside Moses and learn more of God's strength, power, and profound compassion for his people. Join a 10-week, small group study today. Groups launch in mid-January. Details at stgeorgesnashville.org/essentials.

Breaking Bread This parish-wide fellowship dinner is a fun way to share a meal with your church family. Come to Hampton Hall on Wednesday, January 17, at 6:00pm. Suggested donation is \$8 per person, and proceeds are donated to the Choristers program. RSVP at reserve@ stgeorgesnashville.org or 615-385-2150 x 262.

Prime Time Speakers Series This popular monthly series begins with lunch at 11:30am followed by an engaging speaker on a variety of topics. Join us Thursday, January 18 to hear from the Rev. Margery Kennelly on "Glimpses of Christ: Pilgrimage on the Camino." Please make a reservation for the \$12 lunch online at stgeorgesnashville.org/seniors.

Visual Silence in the Bradford Gallery Our next event in the Bradford Gallery, Visual Silence, features Christina Ananias, a candidate in the Doctor of Theology program at Duke Divinity School and a Faculty Fellow at Belmont University. She specializes in the intersection of systematic theology and modernist visual art. Come at 5:30pm on Thursday, January 18, to enjoy a reception with time to view Makoto Fujimura's exhibit, followed by a discussion.

Room in the Inn Winter Shelter Our Room in the Inn ministry continues as we host both men and women overnight during the cold months ahead. There are now additional volunteer opportunities posted for our men's shelters on the 2nd and 4th Tuesdays, and our next women's shelter is Thursday, January 18. We hope you will join us in providing food, shelter, friendship, and care to our unhoused neighbors. Visit stgeorgesnashville.org/riti for details and to sign up.

Welcome Guest Preacher & Teacher: The Rev. Dr. Robert MacSwain On the faculty at Sewanee since 2009, Rob MacSwain's teaching and research combine philosophy, theology, ethics, literature, and spirituality with a particular focus on how these five disciplines interact within the Anglican tradition. In addition to serving as our guest preacher on Sunday, February 4 at 8:45 and 11:00am, he will teach a two-part class on The Saints at the Rector's Roundtable on Sundays, January 21 and February 4.

20s & 30s Kick-Off Party Calling all young adults! Join us Sunday, January 21 for a fun event to kick off the semester. Watch for details at stgeorgesnashville.org/youngadults.

Lunch & Learn: Health Matters On Thursday, January 25, we are joined by Neely Cotten from Compass Health Resources for an interactive discussion about the underutilized resource of palliative care, how palliative care differs from hospice, and how to make sure you are getting the most out of your healthcare. Join us for Lunch & Learn at 11:30am in Johnson Hall - register online at stgeorgesnashville.org/ seniors.

The Worry-Free Parent with Sissy Goff Mark your calendars and make plans to join us on Thursday, January 25 at 5:30pm for a special evening with Sissy Goff of Daystar Counseling Ministries. This free event will invite us to reflect on a critical topic for our community: managing worry and anxiety in parenting. Space is limited, so register soon at stgeorgesnashville.org/parenting.

Come Pray and See Join us for time with special guests Hannah and Alex Absalom of Dandelion Resourcing. This couple has broad experience helping Christians develop a prayer-directed life that is attuned to the powerful work of God even in everyday situations. The conference begins

Friday, February 2 at 6:15pm in Johnson Hall with teaching and a celebration of Eucharist with an extended time to receive prayer. We'll continue Saturday from 10:00am to 12:30pm as we learn to pray—for situations, for relationships, for faith, and more. Come pray and see! Please register online for this free event at stgeorgesnashville.org/prayer.

Women's Breakfast: Reimagining a Holy Lent Prepare for Lent with the women of St. George's as we build meaningful connections as an antidote to loneliness and disconnection. During a breakfast on Wednesday, February 7, Mary Gilliam will frame ways we can approach this season through our mindset and daily practices. Learn more and register online at stgeorgesnashville.org/womensbreakfast.

Men's Retreat: Rediscovering Purpose and Meaning-Our Lives in Christ What do we do when life feels a lot like simply "flat-footing" down the road aimlessly? We might have a career, a family, and other interests, but the glory of God seems so very distant. Join Malone March 1-2 for a weekend of rediscovering what truly defines and sustains us in life. This overnight retreat at Paris Landing State Park will allow men to relax and build meaningful connections with each other through fellowship, Scripture, and prayer. Learn more and register online at stgeorgesnashville.org/men.

Wellness As our bodies age, we can proactively engage in practices that build strength, flexibility, balance, cognition, and overall wellness. Mary Gilliam leads several classes for all ages and abilities. Each week, she offers tai chi, gentle yoga, yoga flow, and seated exercise. Classes are free or for a \$5 donation. Details at stgeorgesnashville.org/wellness.



■ It's never to late to support St. George's Thank you to everyone who made a pledge for 2024.

Making a stated financial commitment to the church is another way we can continue to care for

each other and our surrounding community. We are a large parish serving about 1,400 families. Please think about the blessings you receive as a member of this parish community and pledge what you can for 2024. You may pledge via Realm, online or use the QR code. Call Catherine Beemer, Director of Parish Giving, at 615-385-2150 if you have questions about how the pledge process works.

Pledge Payments If you already have or plan to use automatic payments through Realm, please verify that your payment information is current. Contact Catherine Beemer at catherine.beemer@stgeorgesnashville or 615-385-2150 with questions.

Give Online Thanks to so many who make online donations. To give online, visit stgeorgesnashville.org/give or Text "GEORGE" to 73256. Message and data rates may apply.

STAFF MINISTRY TEAM

The Rev. J. Malone Gilliam, Rector
The Rev. Colin Ambrose, Vice Rector & Chief of Staff
The Rev. Dr. David Barr, Associate Rector
The Rev. Margery Kennelly, Associate Rector
The Rev. Richard Kew, Priest Associate
The Ven. Dr. Martin Odidi, Priest Associate
The Rev. Sarah Puryear, Priest Assoc. for Family Ministries
The Rev. Roger Senechal, Priest Assoc. for Senior Ministries
The Rev. Tim Taylor, Priest Associate

Dr. Woosug Kang, Dir. of Music Ministries
Gerry Senechal, Assoc. Dir. of Music Ministries & Organist
Becca Jordan, Music Leader for The Table
Dr. Wilma Jensen, Organist/Choirmaster Emerita
Martha Rodes, Dir. of Lay Ministry Engagement
Robin Puryear, Dir. of Pastoral Care
Agatha Nolen, Dir. of Outreach
Julie Gibbons, Dir. of Children's Ministries
Daniel Huff, Dir. of Youth Ministries
Catherine Beemer, Dir. of Parish Giving
Rebecca Teel, Dir. of Communications
Laura Zabaski, Parish Administrative Officer

VESTRY

Jan Callen, Senior Warden David Silvester, Junior Warden Stephanie Gillmor, Welcoming Commissioner Emily Walker, Fellowship Commissioner Jonathan Morphett, Outreach Commissioner

Patricia Haeberle
Amy Harwell
Kate Meriwether
Will Newman
Hudson Walker
Breck Wheeler
Greg Wilber
Bob Van Cleave, Treasurer
Leslie Ann Wilson, Clerk

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If you have a "T" switch that is compatible with audio induction systems on your hearing aids, you may switch it on to hear the service better.



Using a smartphone and headphones or a Bluetooth-enabled hearing device, you can tune into the service using AudioFetch. Connect to the Wi-Fi network called AudioFetchExpress,

then open the AudioFetch app to start listening.

SUNDAY SERVICES

7:30, 8:45, and 11:00am: Holy Eucharist

9:00am: The Table

5:00pm: Evening Prayer & Holy Eucharist

WEEKDAY SERVICES (CHAPEL)
7:00am Monday - Saturday | Daily Worship
10:00am Wednesday | Healing Prayer

