

## The Essentials: The Psalms

### Session 2

Pray:

Blessed Lord, who caused all holy Scriptures to be written for our learning: Grant us so to hear them, read, mark, learn, and inwardly digest them, that we may embrace and ever hold fast the blessed hope of everlasting life, which you have given us in our Savior Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Read: Psalm 5 (aloud)

1. The video noted how many of us might not have actual enemies, and yet we all face adversarial situations. In v. 3 the Psalmist says he will plead his case before God. Share a time when you felt that you needed to plead to God?
2. If God knows all things why do we need to plead our case before him?
3. In vv. 7 and 8 the Psalmists response to facing adversity is entering into worship. How might this example help us in our times of adversity?
4. Vv. 9 and 10 detail the characteristics of the wicked. What are some of these characteristics? Did you notice any commonalities? What does this say about where evil tends to reside?
5. Do you believe God defends the righteous?
6. What does Psalm 5 tell us about Jesus and what does Jesus tell us about Psalm 5?

Concluding Prayer

## Psalm 5

**To the leader: for the flutes. A Psalm of David.**

- <sup>1</sup> Give ear to my words, O Lord;  
give heed to my sighing.
- <sup>2</sup> Listen to the sound of my cry,  
my King and my God,  
for to you I pray.
- <sup>3</sup> O Lord, in the morning you hear my voice;  
in the morning I plead my case to you, and watch.
- <sup>4</sup> For you are not a God who delights in wickedness;  
evil will not sojourn with you.
- <sup>5</sup> The boastful will not stand before your eyes;  
you hate all evildoers.
- <sup>6</sup> You destroy those who speak lies;  
the Lord abhors the bloodthirsty and deceitful.
- <sup>7</sup> But I, through the abundance of your steadfast love,  
will enter your house,  
I will bow down toward your holy temple  
in awe of you.
- <sup>8</sup> Lead me, O Lord, in your righteousness  
because of my enemies;  
make your way straight before me.
- <sup>9</sup> For there is no truth in their mouths;  
their hearts are destruction;  
their throats are open graves;  
they flatter with their tongues.
- <sup>10</sup> Make them bear their guilt, O God;  
let them fall by their own counsels;  
because of their many transgressions cast them out,  
for they have rebelled against you.
- <sup>11</sup> But let all who take refuge in you rejoice;  
let them ever sing for joy.  
Spread your protection over them,  
so that those who love your name may exult in you.
- <sup>12</sup> For you bless the righteous, O Lord;  
you cover them with favor as with a shield.