

## Essentials: Winter 2022

### The Psalms: Outline & Reading Plan

- Session 1. Reading Plan: Psalms 1-18  
Session Focus: Psalm 1
- Session 2. Reading Plan: Psalms 19-32  
Session Focus: Psalm 5
- Session 3. Reading Plan: Psalms 33-48  
Session Focus: Psalm 19
- Session 4. Reading Plan: Psalms 49-67  
Session Focus: Psalm 32
- Session 5. Reading Plan: Psalms 68-80  
Session Focus: Psalm 46
- Session 6. Reading Plan: Psalms 81-97  
Session Focus: Psalm 51
- Session 7. Reading Plan: Psalms 98-116  
Session Focus: Psalm 80
- Session 8. Reading Plan: Psalms 117-119:28  
Session Focus: Psalm 88
- Session 9. Reading Plan: Psalms 119:129-Ps 135  
Session Focus: Psalm 126
- Session 10. Reading Plan: Psalms 136-150  
Session Focus: Psalm 148