

Facilitation Suggestions

Begin each session welcoming each participant by name. It can be nice to have a little space to ask a pretty easy “coffee break” question while people are arriving.

One potential draw back to Zoom discussion is the tendency for people to remain silent. While we do not want to coerce participation, it seems to work better on Zoom to have a more choreographed way to invite people to share.

One option is to tell people that while they can always choose to respond with a pass- ‘I haven’t decided what I think about that...’ they will each be invited by name to share.

The leader can ask the question and then invite somebody by name to respond. That person can either answer or pass. But either way, it becomes that person’s responsibility to invite the next person to respond....and so on. This helps the group to be attentive to one another and to notice who might be needing extra encouragement.